



## Menstrual Blood Stem Cells

Adding menstrual blood stem cells to stem cells from umbilical cord blood expands the number of progenitor cells (cells that grow into mature blood cells), according to a new study sponsored by Cryo-Cell International, Inc. Boosting the yield of cord blood stem cells could be a major advance with positive implications for the life-saving benefits of using stem cells in transplantations.

More information is available at [www.celle.com](http://www.celle.com) and [www.cryo-cell.com](http://www.cryo-cell.com).

## Women Surprised by Symptoms and Impact of Menopause

A new survey revealed that a majority of women reported their menopausal symptoms negatively affect their personal health and well-being (67%), sex life (58%), and relationship with their significant other (52%). Although many women accept menopause as a part of life, 41% of those responding to the Menopausal Impact Survey were surprised by the timing, and approximately one-third did not expect the severity and impact of the symptoms on their everyday life.

The survey was sponsored by Duramed Pharmaceuticals, Inc (now Teva Women's Health, Inc), a subsidiary of Teva Pharmaceutical Industries Ltd, and was conducted by Yankelovich, Inc.

## Dental Guidelines for Preventing Preterm and Low-Birth-Weight Babies

The American Dental Association has announced new guidelines on oral health counseling and care during pregnancy. The guidelines call for all pregnant women to receive oral health counseling and care during pregnancy to help prevent preterm births—currently

the top obstetric problem in the United States—and low-birth-weight babies. The guidelines also call for infants to visit a dentist for an oral health risk assessment and oral care by their first birthday.

The guidelines can be accessed at [www.aapd.org](http://www.aapd.org).

## Black Box Warning Required on Smoking Cessation Aids

The FDA has announced that manufacturers of varenicline (Chantix) and bupropion (Zyban) are required to place a black box warning on the prescribing information for these smoking cessation drugs to highlight the risk of serious mental health events such as depression, hostility, and suicidal thoughts. Health care professionals who prescribe Chantix and Zyban are advised to monitor their patients for any unusual changes in mood or behavior after starting these drugs. Chantix is manufactured by New York-based Pfizer Inc. Zyban is manufactured by GlaxoSmithKline, Brentford, Middlesex, UK.

For the full news release, [www.visit.fda.gov/ForConsumers/ConsumerUpdates/ucm170356.htm](http://www.visit.fda.gov/ForConsumers/ConsumerUpdates/ucm170356.htm).