

Medical Management of Defecatory Dysfunction

(Termination date: August 31, 2008)

This activity has been planned and produced in accordance with ACCME Essentials. The estimated time to complete this activity is 1 hour.

Instructions: Read the article beginning on page 53 and select the best answer for each of the following questions. Test form and mailing instructions are on the next page.

- 1. Constipation is often caused by:**
 - a. medications.
 - b. diverticulitis.
 - c. irritable bowel syndrome (IBS).
 - d. any of the above.
- 2. During the examination for bowel dysfunction, evaluating the posterior vaginal wall can reveal:**
 - a. stenotic rectum.
 - b. rectal/intestinal prolapse.
 - c. internal hemorrhoids.
 - d. bowel adhesions.
- 3. The initial approach to constipation should consist of:**
 - a. testing to eliminate food intolerances.
 - b. empirical treatment.
 - c. colonoscopy.
 - d. complete imaging studies.
- 4. Preferred initial treatment for constipation is:**
 - a. magnesium-based laxatives.
 - b. osmotic laxatives.
 - c. fiber.
 - d. stimulant laxatives.
- 5. Chronic use of stimulant laxatives:**
 - a. can encourage dependence.
 - b. damages the intestinal wall.
 - c. appears to have no adverse effects on the intestines.
 - d. may render them ineffective.
- 6. The fatty acid lubiprostone acts primarily on:**
 - a. intestinal motility.
 - b. fluid balance.
 - c. spastic colon.
 - d. bowel distension.
- 7. Simple chronic constipation can be differentiated from constipation-predominant IBS by the latter's association with:**
 - a. hard stools.
 - b. rectal bleeding.
 - c. incomplete evacuation.
 - d. frequent bloating and pain.
- 8. Women with diarrhea-predominant IBS may benefit from beginning the day with:**
 - a. an antidiarrheal agent.
 - b. prompted defecation.
 - c. a sitz bath.
 - d. high-dose fiber therapy.
- 9. Options for treating pain-predominant IBS do not generally include:**
 - a. antibiotics.
 - b. tricyclic antidepressants.
 - c. opioids.
 - d. probiotics.
- 10. Refractory IBS is often associated with:**
 - a. psychological disorders.
 - b. colitis.
 - c. chronic pelvic pain.
 - d. colon cancer.

Medical Management of Defecatory Dysfunction

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(Termination date: August 31, 2008. No credit will be given after that date.)

Record your answers here by circling the appropriate letter:

1. a b c d
2. a b c d
3. a b c d
4. a b c d
5. a b c d
6. a b c d
7. a b c d
8. a b c d
9. a b c d
10. a b c d

Name			
(Please print)	Last	First	Initial
Degree		Specialty	
Address			
City			
State/ZIP			
Phone #			
I have read this article and completed this activity in _____ hours.			
Signature		Date	

For you to obtain credit, 70% or more of your answers must be correct. To cover costs of processing, please enclose a check for \$15, which is tax-deductible, payable to the Albert Einstein College of Medicine, and mail with this answer sheet to:

Albert Einstein College of Medicine
Center for Continuing Medical Education
Attn: TFP
3301 Bainbridge Avenue
Bronx, NY 10467

Participants will receive certification for their records in approximately 4 to 6 weeks.

Course Evaluation

Albert Einstein College of Medicine is interested in your opinion. Please take a moment to evaluate this activity.

1. In comparison with other activities, how would you rate this activity?
 Excellent Good Fair Poor
2. Did this activity meet the stated objectives? Yes No
 Comments: _____

3. What percentage of the material is new to you?
 100% 75% 50% 25% 0%
 Please give two examples of what you learned:

4. As a result of your participation in this activity are you making any changes in your practice? Yes No
 Please give two examples:

5. Were any portions of this activity unsatisfactory or inappropriate? Yes No
 If so, which?

6. Do you find the information presented in this activity to be objective, balanced, and of scientific rigor? Yes No
 Comments: _____

7. In your opinion, were the authors biased in their discussion of any commercial product or service? Yes No
 Comments: _____

8. Is there subject matter you would like included in the future?
 Yes No
 Comments: _____

