

# Sexual Function in Women With Pelvic Floor Disorders

(Termination date: September 30, 2009)

This activity has been planned and produced in accordance with ACCME Essentials. The estimated time to complete this activity is 1 hour.

**Instructions:** Read the article beginning on page 39 and select the best answer for each of the following questions. Test form and mailing instructions are on the next page.

- 1. One study that found no link between pelvic floor disorders and female sexual dysfunction controlled for age, menopausal status, and:**
  - a. presence of a partner.
  - b. lack of desire.
  - c. use of hormone therapy.
  - d. vaginal length and caliber.
- 2. No association has been found between sexual dysfunction and:**
  - a. stress incontinence.
  - b. nocturnal incontinence.
  - c. large urine losses.
  - d. use of incontinence pads.
- 3. Little association has been found between sexual dysfunction and:**
  - a. all pelvic floor disorders.
  - b. overactive bladder.
  - c. pelvic organ prolapse (POP).
  - d. stress incontinence.
- 4. What percentage of incontinent women report leakage during intercourse?**
  - a. 22%
  - b. 47%
  - c. 60%
  - d. 79%
- 5. In the course of sexual activity, women with stress urinary incontinence are thought to experience leakage during:**
  - a. foreplay.
  - b. penetration.
  - c. thrusting.
  - d. orgasm.
- 6. Women with urinary incontinence generally report improvement in sexual function after:**
  - a. Burch retropubic urethropexy.
  - b. suburethral sling placement.
  - c. midurethral sling placement.
  - d. all of the above.
- 7. In patients with POP, sexual function is more likely to be affected if:**
  - a. the prolapse is above the hymen.
  - b. the prolapse extends below the hymen.
  - c. there is a change in vaginal length or caliber.
  - d. the patient has been using a pessary.
- 8. As in women without POP, sexual function in women with POP appears to depend primarily on:**
  - a. increasing age.
  - b. socioeconomic status.
  - c. family support network.
  - d. religious and cultural views.
- 9. Among women who underwent surgical repair of POP, the primary postoperative sexual complaint was:**
  - a. vaginal atrophy.
  - b. dyspareunia.
  - c. low libido.
  - d. fear of damage to a mesh graft.
- 10. In women who underwent sphincteroplasty for anal incontinence, dyspareunia was more likely with:**
  - a. an overlapping repair.
  - b. an end-to-end repair.
  - c. a mesh graft.
  - d. a sling procedure.

# Sexual Function in Women With Pelvic Floor Disorders

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(Termination date: September 30, 2009. No credit will be given after that date.)

Record your answers here by circling the appropriate letter:

1. a b c d
2. a b c d
3. a b c d
4. a b c d
5. a b c d
6. a b c d
7. a b c d
8. a b c d
9. a b c d
10. a b c d

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I have read this article and completed this activity in \_\_\_\_\_ hours.

Signature \_\_\_\_\_ Date \_\_\_\_\_

For you to obtain credit, 70% or more of your answers must be correct. To cover costs of processing, please enclose a check for \$15, which is tax-deductible, payable to the Albert Einstein College of Medicine, and mail with this answer sheet to:

Albert Einstein College of Medicine  
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 Attn: TFP  
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Participants will receive certification for their records in approximately 4 to 6 weeks.

## Course Evaluation

**Albert Einstein College of Medicine is interested in your opinion. Please take a moment to evaluate this activity.**

1. This CME article addressed gaps in my:
  - Competence
  - Performance
  - Patient Outcomes
2. Did this activity meet the stated objectives?  Yes  No  
 Comments: \_\_\_\_\_
3. What percentage of the material is new to you?
  - 100%
  - 75%
  - 50%
  - 25%
  - 0%
 Please give two examples of what you learned:  
 \_\_\_\_\_
4. As a result of your participation in this activity are you making any changes in your practice?  Yes  No  
 Please give two examples:  
 \_\_\_\_\_

5. Were any portions of this activity unsatisfactory or inappropriate?  Yes  No  
 If so, which?  
 \_\_\_\_\_
6. Do you find the information presented in this activity to be objective, balanced, and of scientific rigor?  Yes  No  
 Comments: \_\_\_\_\_
7. In your opinion, were the authors biased in their discussion of any commercial product or service?  Yes  No  
 Comments: \_\_\_\_\_
8. Is there subject matter you would like included in the future?  Yes  No  
 Comments: \_\_\_\_\_