

CME Test: Sexual Dysfunction II

(Test valid through November 30,

ARHP is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education (CME) for physicians. ARHP designates this CME activity for 1 credit hour in Category One of the Physician's Recognition Award of the American Medical Association.

This educational activity has been approved by the Continuing Education Approval Program of the National Association of Nurse Practitioners in Women's Health (NPWH) for 2.4 contact hours and 0.2 pharmacology hours. Credit can be applied toward the nursing continuing education requirements of most professional organizations and State Boards of Nursing.

Instructions: Read the activity beginning on page 4, and select the best answer for each of the following questions. The test

1. What is the most common female sexual dysfunction overall?
 - a. Dyspareunia
 - b. Vaginismus
 - c. Anorgasmia
 - d. Hypoactive desire
2. Female sexual function is less influenced by learned behavior (ie, psychological, emotional, sociocultural, and spiritual factors) than by biological factors.
 - a. True
 - b. False
3. What is the leading cause of sexual dysfunction in postmenopausal women?
 - a. Depression
 - b. Dissatisfaction with partner's performance
 - c. Vulvovaginal atrophy
 - d. Fatigue
4. Several National Institutes of Health-sponsored trials are currently ongoing that will determine the safety and efficacy of a variety of herbal remedies.
 - a. True
 - b. False
5. In one survey, what proportion of physicians said that patients are more likely than they are to initiate discussion of sexual problems?
 - a. More than one-half
 - b. 30%
 - c. 20%
 - d. Less than 10%
6. Approximately how many patients in the same survey said they felt "very" or "somewhat" comfortable discussing sexual issues with their physician?
 - a. 25%
 - b. 50%
 - c. 75%
 - d. Less than 25%
7. Measurement of vaginal pH is a(n) _____ means of assessing estrogenic influence.
 - a. unreliable
 - b. oversimplified
 - c. unsubstantiated
 - d. reliable
8. The maximum dose of systemically delivered unopposed estrogen that can be used without incurring a risk of endometrial hyperplasia appears to be:
 - a. 0.3 mg
 - b. 1 mg
 - c. 0.5 mg
9. Secondary psychogenic anorgasmia is usually handled by what kind of therapy?
 - a. Androgen replacement
 - b. Testosterone supplementation
 - c. Prosexual medication
 - d. Psychotherapy and counseling
10. Personal embarrassment is a common barrier to taking a sexual history.
 - a. True
 - b. False

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Record your answers here by circling the appropriate letter:

- | | |
|------------|------------|
| 1. a b c d | 6. a b c d |
| 2. a b | 7. a b c d |
| 3. a b c d | 8. a b c |
| 4. a b | 9. a b c d |
| 5. a b c d | 10. a b |

Participants who answer 70% or more of the questions correctly will obtain credit.

Please indicate the total time you spent on this educational activity:

Time spent: ____ hours ____ minutes Signature _____

Name _____

(Please print clearly) Last First Initial

Degree Specialty

Street Address

City State/Zip

Phone # e-mail

Must be received by November 30, 2002, to ensure scoring and issuance of credit.

The completed answer sheet, along with a check for \$15, made payable to The Association of Reproductive Health Professionals, should be sent to:

The Association of Reproductive Health Professionals
 2401 Pennsylvania Ave., NW Suite 350
 Washington, DC 20037-1718

Upon completion of all requirements, the Association of Reproductive Health Professionals will issue a certificate of credit to you for your records.

Evaluation

Did the material presented in this activity meet the educational objectives?

Met the stated objectives. Did not meet the stated objectives.

Please rate the contents of this issue using the following scale: 5 = Excellent; 4 = Very good; 3 = Good; 2 = Fair; 1 = Poor. (Circle one response for each question.)

Please rate the articles:

	<i>Poor</i>			<i>Excellent</i>	
Sexual Dysfunction:					
Current Issues	1	2	3	4	5
Clinician-Patient Communication	1	2	3	4	5
Enhancing Normal Sexual Function	1	2	3	4	5
Vaginal Atrophy: Evidence-Based Data	1	2	3	4	5

Please describe any changes you plan to make in your clinical practice based on the information presented in this activity.

CME activities must be free of commercial bias for or against any product. In this regard, how would you rate this supplement ?

Poor *Excellent*
 1 2 3 4 5

Any other comments/suggestions for future educational activities?