

The Young Female Smoker

AMA/CME Test 221

(Test valid through April 30, 2003)

This activity has been planned and produced in accordance with ACCME Essentials. The estimated time to complete this activity is 1 hour.

Instructions: Read the article beginning on page 17 and select the best answer for each of the following questions. Test form and mailing instructions are on the next page.

- Smoking-related diseases in women now account for what proportion of all illnesses associated with tobacco use in the United States?
 - 25%
 - 39%
 - 58%
 - 15.7%
- Smoking in women has been linked with the development of:
 - ovarian cancer.
 - breast cancer.
 - cervical and vulvar cancer.
 - skin cancer.
- Which ethnic group is most likely to begin smoking during adolescence?
 - white girls
 - black girls
 - Hispanic American girls
 - Asian American girls
- What proportion of pregnant women currently smokes?
 - 33%
 - 22%
 - 5%
 - 44%
- An important influence on the likelihood that a teenaged girl will begin smoking is:
 - whether her parents smoke.
 - whether she has disposable income.
 - whether her friends smoke.
 - all of the above.
- On average, physicians who undergo training in antismoking strategies and who aggressively pursue intervention can help what percentage of their patients to quit in a given year?
 - 25%
 - 10%
 - 60%
 - 15%
- One of the most important components of a smoking-cessation program for young women is:
 - counseling.
 - nicotine gum.
 - biofeedback.
 - bupropion.
- Many young women associate smoking with an image of:
 - dominance.
 - success.
 - independence.
 - superiority.
- The feeling of control that smoking initially gives women often becomes a feeling that:
 - they can control their relationships.
 - they are controlled by smoking.
 - they are controlled by men.
 - their emotions are out of control.
- Current prevention programs often do not meet the needs of young women because young women tend to be _____ than teenaged boys.
 - more sophisticated and self-confident
 - less susceptible to peer pressure
 - more reluctant to admit tobacco use
 - more successful at quitting

The FEMALE PATIENT® / Test 221

The Young Female Smoker Lorraine Greaves, PhD

(Test valid through April 30, 2003. No credit will be given after that date.)

Record your answers here by circling the appropriate letter:

1. a b c d
2. a b c d
3. a b c d
4. a b c d
5. a b c d
6. a b c d
7. a b c d
8. a b c d
9. a b c d
10. a b c d

Name

(Please print)

Last

First

Initial

Specialty

Address

City

State/ZIP

Phone #

I have read this article and completed this activity in _____ hours.

Signature

Date

For you to obtain credit, 70% or more of your answers must be correct. To cover costs of processing, please enclose a check for \$10, which is tax-deductible, payable to the Division of Continuing Medical Education (TFP), and mail with this answer sheet to:

TFP-CME BOX #2
QUADRANT HEALTHCOM INC.
26 Main St., Chatham, NJ 07928-2402

Participants will receive certification for their records in approximately 10 to 12 weeks.

Course Evaluation

Albert Einstein College of Medicine would like to have your opinion. Your evaluation will help us to plan future CME tests for *The Female Patient*®. We urge you to complete this questionnaire and mail it back to us with your completed test. Thank you for your cooperation.

1. How do you rate the information in this article?
 Superior Satisfactory Unsatisfactory
2. Will the materials presented influence the way you treat your patients?
 Yes No
3. Did this activity meet its objectives?
 Yes No
4. What recommendations do you have to improve this activity?

5. Were any portions of this activity unsatisfactory or inappropriate? If so, which ones?

6. Do you find the information presented in this activity to be fair, objective, and balanced?
 Yes No

7. What subjects would you include in future activities?

8. In your opinion, were the authors biased in their discussion of any commercial product or service?
 Yes No

Comments

