

AMA/CME Test 217

Chronic Noncancer Pain

(Test valid through December 31, 2002)

This activity has been planned and produced in accordance with ACCME Essentials.
The estimated time to complete this activity is 1 hour.

Instructions: Read the article beginning on page 29 and select the best answer for each of the following questions.
Test form and mailing instructions are on the next page.

- Common presentations of chronic noncancer pain (CNCP) in women include:
 - migraine headache.
 - fibromyalgia.
 - temporomandibular joint disorders.
 - all of the above.
- The predominance of CNCP in women is related to all of the following, *except*:
 - hormonal effects on pain processing.
 - stereotyped sex-role factors.
 - their desire for attention and sympathy.
 - a higher incidence of affective disorders.
- Many physicians are reluctant to prescribe opioid analgesics to treat CNCP. Which is *not* one of the main reasons for this hesitation?
 - high cost of the drugs
 - fear that patients will become addicted to or dependent on these drugs
 - lack of familiarity with the latest pain management guidelines
 - fear of scrutiny by regulatory boards
- Which presentation is *least* likely to signal CNCP?
 - pain that radiates to areas not involved in the initial injury
 - pain that has lasted for 1 month
 - pain that seems disproportionate to the degree of tissue pathology
 - pain arising from a non-noxious stimulus
- Based on the new paradigm regarding pain, which of the following statements is *false*?
 - Pain is the "fifth vital sign."
 - Pain should be considered a disease in itself.
 - Chronic pain results from an altered pain-processing system.
 - Most patients with chronic pain are malingerers, drug-seekers, or "neurotics."
- Based on the World Health Organization (WHO) Analgesic Ladder, which treatment would be suitable for moderate pain?
 - nonsteroidal anti-inflammatory agents
 - hydrocodone/acetaminophen
 - divalproex sodium
 - morphine
- What proportion of CNCP is controllable if physicians rely on the WHO Analgesic Ladder for treatment guidance?
 - 50% to 60%
 - 60% to 70%
 - 70% to 80%
 - 80% to 90%
- A patient who experiences withdrawal symptoms if her drug treatment is abruptly stopped is manifesting signs of:
 - dependence.
 - tolerance.
 - abuse.
 - addiction.
- What is the overall risk of addiction in patients undergoing pain treatment?
 - <10%
 - <20%
 - >30%
 - >40%
- Which psychotropic agents are useful analgesic adjuvants?
 - selective serotonin reuptake inhibitors
 - benzodiazepines
 - tricyclic antidepressants
 - mild neuroleptics

THE FEMALE PATIENT® / Test 217

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Record your answers here by circling the appropriate letter:

1. a b c d
2. a b c d
3. a b c d
4. a b c d
5. a b c d
6. a b c d
7. a b c d
8. a b c d
9. a b c d
10. a b c d

Name

(Please print)

Last

First

Initial

Specialty

Address

City

State/ZIP

Phone #

For you to obtain credit, 70% or more of your answers must be correct. To cover costs of processing, please enclose a check for \$10, which is tax-deductible, payable to the Division of Continuing Medical Education (TFP), and mail with this answer sheet to:

TFP-CME BOX #2
QUADRANT HEALTHCOM INC.
26 Main St.
Chatham, NJ 07928-2402

Participants will receive certification for their records in approximately 10 to 12 weeks.

Course Evaluation

Albert Einstein College of Medicine would like to have your opinion. Your evaluation will help us to plan future CME tests for THE FEMALE PATIENT®. We urge you to complete this questionnaire and mail it back to us with your completed test. Thank you for your cooperation.

1. How do you rate the information in this article?
 Superior Satisfactory Unsatisfactory
2. Will the materials presented influence the way you treat your patients? Yes No
3. Did this activity meet its objectives?
 Yes No
4. What recommendations do you have to improve this activity?

5. Were any portions of this activity unsatisfactory or inappropriate? If so, which ones?

6. Do you find the information presented in this activity to be fair, objective, and balanced? Yes No

7. What subjects would you include in future activities?

8. In your opinion, was the author biased in her discussion of any commercial product or service?

Yes No

Comments

